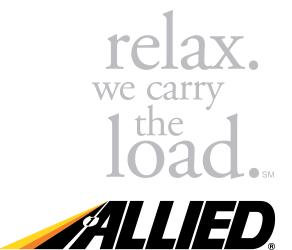


0 unwanted headaches.



MOVE COUNTDOWN: KEEPING YOUR MOVE IN CHECK



Your personal relocation checklist

Five weeks before moving day:

5

- Contact Allied to make arrangements for moving day.
- Remove items from your attic, basement and all storage areas.
- Start using things you can't move such as frozen foods and cleaning supplies.
- Contact the Chamber of Commerce in your new city for local information.
- If moving at an employer's request, verify which expenses/responsibilities are covered and which are yours.
- Contact the IRS and/or your accountant for information on tax-deductible moving expenses.
- Begin to take inventory and evaluate your possessions. What can be sold? Donated? Tossed?
- Make a list of everyone you need to notify about your move: friends, professionals, creditors, subscriptions, etc.
- Locate all auto licensing and registration documents.
- If some belongings are to be stored, make the necessary arrangements now. (Your Personal Relocation Consultant can help.)
- Contact schools, doctors, dentists, lawyers and accountants and obtain copies of your personal records. Ask for referrals where possible.

Four weeks before moving day:

4

- Obtain a change-of-address kit from the post office, fill out the cards and return.
- Arrange special transport for animals and plants.
- Contact service companies (gas, electric, oil, water, telephone, cable TV and trash collection) to disconnect/connect services at your old and new addresses. However, be sure to keep your phone and utilities connected through moving day.
- Contact insurance companies (auto, homeowners or renters, medical and life) to arrange for coverage changes in your new location.
- If you're packing yourself, stop by your Allied agent to purchase materials. Pack items that won't be needed in the next month.
- Plan a garage sale to help lighten the load.



Three weeks before moving day:

Make travel arrangements and hotel reservations for your moving trip. However, don't make plane reservations for the same day that you're moving. House closings are often delayed, and other unexpected situations often arise.

- Collect important papers (insurance, will, deeds, stock, etc.).
- Arrange to close accounts in your local bank and open accounts in your new city.

Two weeks before moving day:

2

Have your car serviced for the trip.

If you're moving out of or into a building with elevators, schedule use of the elevators on moving day.

- You may need to obtain a street permit for the moving van. Check with your current and new local municipalities.
- Contact your Personal Relocation Consultant to review and confirm all arrangements for your move.

One week before moving day:

- Settle any outstanding accounts with local merchants.
- Withdraw contents of any safety deposit boxes, pick up dry cleaning, return library books and rented video tapes or DVDs.
- Take pets to the veterinarian for needed immunizations. Get copies of pet records. If flying with your pet, be sure to obtain the required travel health certificate from your vet.
- Drain gas and oil from power equipment (lawn mowers, leaf and snow blowers, etc.).
- Give away plants you can't take with you.
- Prepare specific directions to your new home for your moving company (including your itinerary, emergency phone numbers, etc.).
- Defrost your refrigerator and freezer.
- Have your major appliances disconnected and prepared for the move. (Your Personal Relocation Consultant can make arrangements for a third party to provide these services).
- Organize and set aside things that you're taking with you (including a box of personal items you'll need immediately upon arrival) so that they don't get loaded on the van by mistake.
- Contact your Personal Relocation Consultant to confirm arrival time of the moving van, as well as to communicate any last minute details.

Moving Day:



- Make sure that someone responsible is at home to answer questions.
- Record all utility meter readings (gas, electric, water).
- Make special arrangements for pets and small children to keep them safe on moving day.
- Read your Bill of Lading and inventory record carefully before you sign them.

 Keep these and all related papers in a safe location until all charges have been paid and all claims, if any, have been settled.
- Get driver's contact information.

Upon Arrival:

- If you haven't already done so, call your booking agent to confirm final delivery arrangements.
- Unless previous arrangements have been made, the driver must, by law, collect payment (cash, approved credit card, certified, cashier's, or traveler's checks or money orders) for your move before unloading. Personal checks are not accepted.
- Have a floor plan drawn out or in mind to expedite the unloading process.
- Driver and crew will re-assemble any items that they disassembled at the point of origin.
- Check off items from the inventory as they are unloaded, noting their condition. If an item appears to have been damaged or is missing, make a note on the inventory record and notify your destination agent.
- If you have contracted for unpacking services, your booking agent will arrange these services at time of delivery.









Customer Responsibilities & Moving Tips

As part of our effort to ensure a convenient and stress-free move, we've developed the following list of tips and disclosures to help you properly prepare for moving day. Please read through the following document carefully, and be sure to pack and prepare your shipment in compliance with all requirements below.

PRE-MOVE Checklist

8 weeks before you move:

- Contact your mover to make arrangements for moving day.
- Start to use up things you can't move, such as frozen foods and cleaning supplies.

6 weeks before:

- If you're moving at an employer's request, verify what expenses and responsibilities are theirs and which are yours.
- Contact the IRS and/or your accountant for information on what moving expenses may be tax deductible.
- Contact schools, doctors, dentists, lawyers and accountants and obtain copies of your personal records. Ask for referrals where possible.
- Make a list of everyone you need to notify about your move: friends, professionals, creditors, subscriptions, etc.
- Begin your inventory and evaluate your possessions. What can be sold or donated to a charitable organization? What haven't you used within the last year?
- If some of your goods are to be stored, make the necessary arrangements now. Your moving counselor should be able to help.

4 weeks before:

- If you're packing yourself, purchase packing boxes from your local mover. Begin to pack items that you won't need in the next month.
- Contact utility and related companies (gas, electric, oil, water, telephone, cable TV, internet and trash collection) for service disconnect/connect at your old and new addresses. However, remember to keep phone and utilities connected at your current home throughout moving day.
- Arrange special transport for your pets and plants.

3 weeks before:

- Make travel arrangements and reservations for your moving trip.
 However, don't make plane reservations for the same day that you're moving out because house closings are often delayed and other unexpected situations often arise.
- Collect important papers (insurance, will, deeds, stock, titles, registrations, etc.). These should not be moved with your household goods.
- Arrange to close accounts at your local bank and open accounts in your new locale.

2 weeks before:

- Contact your moving counselor to review and confirm all arrangements for your move.
- Make sure you have completed your High Value Inventory form and have provided it to your moving counselor.
- If you're moving out of or into a building with elevators, contact the building management to schedule use of the elevators.
- All items in the attic, crawl space, or temporary storage must be brought to an accessible area for the driver.
- If moving into a cold climate, make sure vehicles, boats, ATVs, and other recreational vehicles are properly serviced to handle freezing temperatures.
- Vehicles and boats should have all personal items removed prior to transport.

1 week before:

- Contact your moving counselor to confirm arrival time of the moving van and provide any last minute details. Give directions to your new home for your moving company and include your itinerary, emergency and contact numbers.
- Prior to the packers' arrival, place any items not intended for transport in a safe area.
- Pack a box of personal items that will be needed immediately at your new home. Have this box loaded last or carry it in your car.
- Drain gas and oil from power equipment (lawn mowers, snow blowers, etc.).
- Defrost your freezer, refrigerator and wipe it out. Block doors open so they can't accidentally close on pets or children.
- Have your major appliances disconnected and prepared for the move (washer, dryer, ice maker). Your moving counselor can help with arrangements for a third party to provide these services.
- Pendulum clocks, pool tables, hot tubs, sewing machines, pianos, waterbeds and large screen TVs may require servicing and packing. Please notify your moving company of these items to ensure they are properly prepared.
- Backup any important stored data you have on your computer. Remove printer ink cartridges and copier toner.





Transportation Limitations

 Movers are forbidden by law to ship or store the following items:

Aerosol Cans

Ammunition

Automotive Repair and Maintenance Chemicals

Bleach

Butane or Propane Tanks/Bottles (even if certified empty)

Cleaning Supplies

Combustibles

Fireworks

Gasoline

Hazardous Materials

Lighter Fluid

Matches

Nail Polish Remover

Oxygen Bottles/Tanks

Paint & Paint Thinners

Perishable Items

- Wine is perishable and wine collections are susceptible to damage caused by atmospheric conditions. You should transport the wine or arrange for climate-controlled vehicle.
- Plants should not be moved on the moving van. The driver has final right of refusal and will not be liable for plant damage.
- We do not recommend transporting firearms in the moving van.
 If firearms are transported, the Brady Bill requires that the
 make, model and serial number be listed on the inventory. You
 will need to initial the inventory line acknowledging receipt.

Transportation Limitations

• The following items are not covered under your valuation (transit protection) policy and should be taken with you personally: Checkbook

Credit Cards

Important Documents

Precious Stones

Collections (e.g., stamps, baseball cards)

Currency

Jewelry

Securities



Move Day

- Organize and set aside those things that you're taking with you so that they don't get loaded on the van.
- Keep children and pets in a secured area while movers are packing and loading.
- Make sure that someone is at home to answer the van foreman's questions.
- All walkways and driveways must be clear of snow, ice, mud or other hazards.
- It is important to do a final walkthrough of the residence prior to the driver leaving to ensure everything has been loaded and any residence damage is noted.
- Read your Bill of Lading and Inventory carefully before you sign them. Keep these and all related papers in a safe location until all charges have been paid and all claims, if any, have been settled.

Delivery Day

- You are required to check off the inventory sheet to ensure delivery of all items and note any missing items.
- It is important to do a walkthrough of the residence prior to the driver leaving and note any property damage.

I have discussed the customer responsibilities listed above with my Agent Representative and understand what is required of me to prepare my shipment for transport.

customer signature:		
D-1-		
Date:	 	
Agent Representative:		
Agent Representative: _	 	
B .		









Allied Services

Meeting your specific needs, not ours...Guaranteed.

Just as every family is different, every family's relocation needs are different. At Allied, we tailor your **Allied Personal Moving Plan** to your needs, your schedule, your budget.
Hence the name, **Personal Moving Plan**.

Our **Packing Options** and additional services let you do as much as you like or as little as you like when it comes to your big move. We wouldn't have it any other way.

And, we're probably like you in that we don't like surprises. With the **Allied Advantage**, when you are given a guaranteed quote by your **Allied Personal Relocation Consultant** at the start of your move that is the total you will see on your invoice when the work is done.*

Your quote will be based on what you tell us you need and the price of the services and materials required to meet those needs.



To learn more, please contact your local agent shown below.

Contact:

T:

E:

An Interstate Agent for Allied Van Lines





- Full-Service Packing All items in your home are packed by our experts using the most up-to-date packing methods and materials in the industry.
- Fragile Packing You define your breakable or high value items such as dishes, glassware, artwork, fragile furniture, mirrors, etc. We professionally pack them with care and you pack all other belongings.
- **Do-It-Yourself Packing** Allied can provide boxes and materials (see sidebar on this page) to make your job as easy as possible.

Basic Services

- Loading Every container and all individually loaded items are labeled, inventoried and loaded in a systematic process.

 Additionally, all upholstered furniture is wrapped in stretch wrap, a strong, clear plastic that completely covers the furniture, protecting it from dirt and damage.
- **Transportation** All of our moving vans are equipped with air-ride suspension systems to ensure these contents travel in the safest manner possible. All trucks are driven by licensed professionals.
- Unloading Upon arrival, all items are checked off as they are unloaded. When unloading, furniture, boxes and other belongings are placed in the rooms you designate. Items disassembled at origin for carrier convenience will be reassembled. Additionally, we protect your new home by using several types of floor runners to prevent stains or scratches on carpet and wood flooring. Door jamb, banister and external stair/walkway protection is also provided where appropriate.

Guaranteed Price Protection

• Guaranteed Price Protection means that when you receive a written guaranteed quote for the services you agreed upon that is the price you'll pay.** We stand behind our commitment to no surprises at the end of your move—we'll even put it in writing. Talk with your Personal Relocation Consultant to create the right Personal Moving Plan and services for you, and a detailed explanation of the cost of your move.

Additional Services Available

 Unpacking Boxes are opened and contents are removed and placed on a flat surface. If desired, Allied may provide placement needs. Boxes and packing material removal is included within this optional service.

ALLIED

- Crating High value items such as artwork, electronic equipment or delicate collectibles may need some added attention.
 Consider custom crating to protect fragile or non-standard sized belongings.
- Cars/Boats Depending on the type of car you have, either Allied will transport it or we will coordinate the move for you. Boats are typically handled by an approved third party and transported on an open trailer.
- **Assembly/Disassembly** We can help with disassembly of furniture, swing sets, etc., prior to your move or reassembly upon arrival at your new home.
- Third Party Services Upon request, third party services such as appliance connect/disconnect, pool or hot tub disassembly/ assembly, and cleaning services can be arranged for you.
- Shuttle Services If access to your home is difficult because of a narrow driveway or obstruction, Allied will provide a small truck to transport your belongings from your old home to the moving van, or from the moving van to your new home.
- **Storage** Storage-in-transit is available for your belongings for up to 90 days. After 90 days, goods are transferred to permanent storage. Storage is a good option if you are not yet able to move into your new home for any reason.

Other services not included here may be available. Just ask your Personal Relocation Consultant before your estimate is completed.

Packing Materials

Allied has a wide range of boxes and packing materials available to help you organize and safeguard your belongings, including:

- Custom-made crates
- Dish pack for dishes/china
- Double-wall cartons for fine china/crystal
- 1.5 cu. ft. cartons for heavy items
- 3.0 cu. ft. cartons
- 4.5 cu. ft. cartons
- 6.0 cu. ft. cartons
- Wardrobe cartons
- Mirror cartons
- Mattress cartons
- Blanket wraps
- Specialty pads



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^{*} Not all consumer quotes are guaranteed. Some may be quoted as cannot exceed a certain weight or based on actual weight.

^{**} Guaranteed Price Protection is available on all interstate household moves within the United States (except Hawaii) and on moves between the United States (except Hawaii) and Canada, subject to terms and conditions. Please note that pricing may be affected if changes in your requested or required services occur after the estimate is provided. Final pricing is also subject to change during periods of high demand and when special peak pricing schedules are in effect. Consult your Personal Relocation Consultant about any anticipated or possible conditions that could affect the estimate.







To learn more, please contact your local agent or visit allied.com

Contact:

T:

E:

An Interstate Agent for Allied Van Lines



www.allied.com

Making a quality investment is easy with Allied.

Nothing earns a customer's trust like quality. And while other van lines talk about, Allied actually does it. Since 1996, Allied instituted a **Quality Service Audit** (QSA) to assure our customers are getting the highest quality service available anywhere.

Allied utilizes a third-party provider to conduct a customer service satisfaction survey after each move. Based on customer feedback, we have developed a set of exclusive, quality-enhancing programs to ensure every move goes the right way.

Quality Standards

Allied Quality Standards were developed in partnership with the Quality Alliance to facilitate system-wide continuous improvement, ensuring customer satisfaction. The standards defined address "key drivers of customer satisfaction" and involve all service providers that touch our customers.

Quality of Service Audit System

Developed in 1996, the QSA is a customer survey process that allows us to gain critical, timely customer feedback on all aspects of the customer's satisfaction. Over 32% of our customers are contacted with the results closely monitored daily by agents and corporate alike.

Allied Master Movers™

Motivating our drivers to reach new levels of performance and expertise is what keeps our service levels growing and improving. There are 12 rigorous standards a driver must meet in order to attain the title of Allied Master Mover TM , including ranking in the top percentage of all drivers in customer service survey scores.

Safety Standards

As a responsible motor carrier, Allied places a high priority on safety. All drivers are required to complete a pre-qualification "certification of safety knowledge test" and a "defensive driving course." And on an ongoing basis, all active drivers and Safety Officers are required to complete monthly training assignments on important regulatory compliance topics and safe driving practices.

Equipment Standards

All vehicles must be inspected daily by the driver and there are formal inspections twice a year. Vehicles must regularly be cleaned inside and out, and appearance must be at an acceptable level at all times.

Quality is key!

Don't underestimate the value Allied places in obtaining your feedback and incorporating it into our practices. It has helped to shape our business through the 85 years we've been around and reinforces our commitment to delivering an exceptional moving experience. Trust Allied—your moving company of choice.

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We're More Than Just Careful... We're Carefully Screened.

Your safety can never be taken for granted. That's why Allied takes the time to know the backgrounds of everyone on a moving team - this includes drivers, packers, laborers and even sales representatives.

As part of the **Allied Certified Labor Program**, our agents are required to follow strict procedures to ensure that all drivers and agency personnel who enter a residence have passed rigid screening protocols in advance of moving day.

Certification Screening

Not all applicants qualify for Allied Van Lines certification so you have the extra reassurance that we've already done the work to keep your safety and security in the forefront. Screenings include:

- Verification of identity
- Verification of legal work status
- Identification of previous criminal convictions
- Checking against sexual offender registries
- Assessment of propensity toward violence
- Assessment of propensity toward theft
- Assessment of propensity toward drug abuse

Your Safety Matters

Safety is something that shouldn't be taken for granted and we recognize that at Allied Van Lines. Thousands of women even recognize this fact because Allied was selected as the **2015 Most Recommended Moving Company** in America by Women's Choice Awards. So move with confidence with Allied and know that we have your safety in mind.





To learn more, please contact your local agent or visit allied.com.

Contact:

T:

E:



Property Protection Standards

www.allied.com

The following are some best practice standards in protecting a customer's property when loading and unloading:

- Complete a walk through (inside & outside of the home), note any pre-existing property damage or concerns. Review findings with the customer and obtain signatures at both origin and destination.
- Protect the driveways, walkways, thresholds and outside steps with Masonite, plywood or cardboard, to prevent chipping and scuffing caused by dollies.
- Cover the bottom of the walk-boards with cardboard or plywood to ensure the driveways and walkways are protected.
- Use Carpet Mask, Rug Runners, Masonite or cardboard on all carpeted areas to avoid stains.
- Use Masonite, cardboard or neoprene runners to protect all wood, marble, tile, stained and finished concrete and travertine floors.
 Important Note: Do not slide furniture across wood floors even if it's a few inches as damage (scratches) may occur.
- Protect walls and pillars using Masonite, cardboard, pads or plywood.
 Use blue/painter's tape to adhere to wall surface to eliminate damage to paint/drywall.
- Use door jamb protectors, corner boards, folded cardboard or pads on elevators, entryways and other high traffic doorways.
- Pad all banisters with moving pads.
- Pad wrap all furniture in the home at origin and un-pad all furniture in the home at destination.
- Check the residence (interior & exterior) to ensure all debris, tape, cardboard and any other trash has been removed.

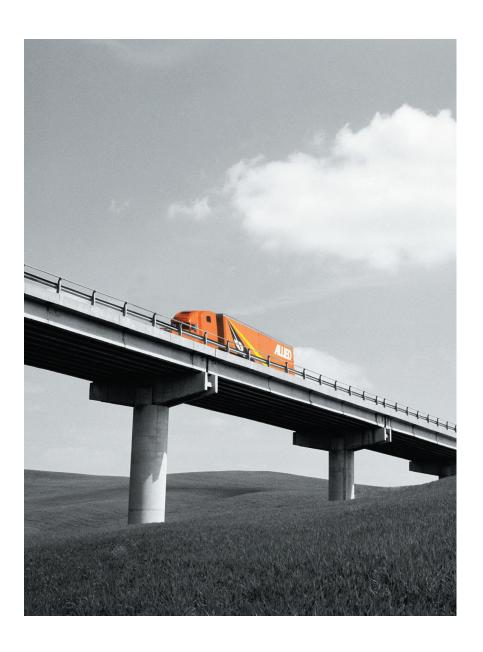




Smoking is NOT permitted near the customer's home/furniture or inside or within 20 feet of the trailer. If you do smoke, please be respectful and clean up your ashes and debris.







The On-Time PledgeSM

Our written promise to keep your move on schedule

The Allied On-Time PledgeSM tells you exactly when your possessions will be picked up and when they'll be delivered. Our special household inventory process and computerized tracking systems allow us to closely monitor your belongings in transit, so we stick to those scheduled dates. If we don't live up to our written commitment, we'll reimburse you for:

- Reasonable commercial lodging expenses
- 50% of reasonable food costs
- 50% of other out-of-pocket living expenses as a result of the delay*

So, relax and let us help reduce the stress of moving. With Allied's On-Time PledgeSM, you'll feel right at home in no time.



^{*}See reverse side for applicable restrictions and qualifications as well as summary of terms and conditions.



On-Time PledgeSM

Allied Van Lines pledges to pick up your possessions between (specify dates) and to deliver your possessions between (specify dates) Moving Counselor's Signature Date Moving Counselor's Agency Code Telephone Number

SUMMARY OF TERMS AND CONDITIONS

If Allied Van Lines fails to perform transportation services within the period of time indicated on the Bill of Lading (or on an addendum thereto). Allied will reimburse you, the shipper, for reasonable commercial lodging expenses, 50% of reasonable food costs, and 50% of other out-of-pocket expenses resulting from the delay up to 100% of the linehaul transportation charge, subject to the following notes:

Note 1: This item applies only to your shipment of household goods.

Note 2a: This item applies only to shipments transported between points in the United States (except AK & HI); and between points in the U.S. and points in Canada.

Note 2b: This item will apply to shipments which weigh or are rated at 3.500 lbs. or more.

Note 3: Late pick-up reimbursement applies only at origin residence.

It does not apply on shipments loaded from a warehouse where storagein-transit (SIT) has been performed.

Note 4: Late delivery reimbursement does not apply on shipments delivered to a warehouse where SIT transit is to be performed.

Note 5: This item does not apply if you change the destination of your shipment.

Note 6: Reasonable dispatch rules will apply as defined by federal regulations.

Note 7: When a shipment or portion thereof is lost or destroyed in transit, the provisions of this item will not apply to the shipment or portion thereof which cannot be delivered due to such loss or destruction.

Note 8: This item does not apply when a delay is caused by conditions beyond Allied's control – including, but not limited to circumstances as described in item 114 (Impractical Operations). Note 9: This item applies only when you, the shipper, submit a written claim for reimbursement to Allied within 9 months after your shipment is delivered.

Note 10: Delay expense claims must be substantiated by receipts from commercial lodging and food service institutions. Receipts also are required for any other living expenses resulting from the delay.

Note 11: This item does not apply to any overflow portion of your shipment when the overflow weight, excluding the weight of motor vehicles, represents less than 20% of the total shipment weight and contains non-essential items (possessions not needed to maintain day-to-day housekeeping during the period of time between delivery of the main portion of the shipment and delivery of the overflow portion).

This pledge is in addition to any other claims settlement to which you may otherwise be entitled. Remember, On-Time PledgeSM claims must be received in writing by Allied Van Lines within 9 months after delivery of your possessions.

Claims must be submitted in writing to:

Allied Van Lines, Inc. P.O. Box 988 Fort Wayne, IN 46818 Attn: Customer Service

Note: In all correspondence to Allied, please include your shipment registration number, current address and telephone number(s) where you can be reached during daytime hours.

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ECP FULL REPLACEMENT CHART

ECITOLE REI LACEMENT CHART						
Protection Level	No Deductible	\$250 Deductible	\$500 Deductible			
\$6,000	\$0	\$0	\$0			
\$10,000	\$21	\$0	\$0			
\$15,000	\$57	\$0	\$0			
\$20,000	\$92	\$17	\$0			
\$25,000	\$138	\$50	\$30			
\$30,000	\$193	\$86	\$63			
\$35,000	\$248	\$153	\$103			
\$40,000	\$303	\$193	\$138			
\$50,000	\$361	\$238	\$175			
\$60,000	\$439	\$296	\$223			
\$75,000	\$528	\$365	\$281			
\$100,000	\$689	\$486	\$383			
\$125,000	\$851	\$644	\$541			
\$150,000	\$998	\$822	\$715			
\$175,000	\$1,167	\$966	\$842			
\$200,000	\$1,350	\$1,120	\$979			
\$225,000	\$1,519	\$1,258	\$1,108			
\$250,000	\$1,743	\$1,393	\$1,223			
250,0001+	**	**	**			

Rates effective 01-01-2019

**For protection levels that exceed \$250,000 your cost is based on the applicable cost for \$250,000 of valuation plus \$.73 per \$100 of additional valuation.



www.allied.com

Allied Extra Care Protection

When you choose Allied for your move, you can rest assured that your belongings have the best protection available. Even though our expert packers use specialized packing techniques and equipped vehicles, unforeseen road conditions or other uncontrollable factors may damage an item. But that's why Allied offers Extra Care Protection (ECP) – protection that allows us to rectify the situation quickly, keeping you happy with our services during your move.

Extra Care for Your Valuables

There are two levels of coverage to choose from – Basic and ECP. Basic Liability Protection provides repair or replacement cost up to a maximum of \$.60 per pound per article, while ECP provides full replacement value and even extends coverage to matched pairs and sets such as lamps, end tables, love seats, and candlesticks*.

For example: Let's say you bought a new sofa for \$1,900 and it weighs 100 pounds. If the sofa was damaged beyond repair during the move, the following is what you would get:

Plan Compensation

Basic \$60.00 (100 lbs x \$0.60 per lb) ECP \$1,900.00 (full replacement value*)

Get the Right Coverage

When it comes to protecting your belongings, one size does not fit all. The level of protection you need may be greater than minimum levels based on your total shipment weight. Be sure to consider high-value items such as artwork, electronic equipment, crystal and porcelain collectibles. Consult your homeowner's or renter's insurance policy for recommended coverage levels or use the inventory worksheet on the backside.

Still not sure which coverage? Your Personal Relocation Consultant can provide you with more information and work with you to determine your household's total valuation. The bottom line is we want you to be satisfied when we drive away. So get the coverage that's right for your move – talk to your Personal Relocation Consultant today.

* Certain terms and conditions apply. Replacement value is at today's full replacement cost – not a depreciated value. Complete replacement of multiple item sets of china, gold and silver flatware, and crystal glassware are excluded. ECP pairs and sets protection may not apply to some corporate relocation contracts with Allied; consult your company's relocation program. Allied's ECP charges are based on the protection level and deductible option you select in writing. You must declare a minimum value no less than \$6.00 per pound times the total shipment. The shipper is responsible for removal of valuables and breakables from all goods being moved including, but not limited to, drawers, safes, luggage, files, etc. The following items must not be included in the shipment and will not be covered by the carrier's ECP plan: Jewelry, coins, other negotiable paper (e.g. stock certificates, bonds, etc.,) important personal documents (e.g. deeds, titles, tax papers, birth certificates, etc.) and collections (e.g. stamps, basebalt cards etc.). The ECP plan is available only on shipments within the U.S. (except Hawaii) and shipments to/from Canada.

Additional charges apply if storage-in-transit is required.



Van Lines, Inc. Item 06106 (Rev. 12/18) www.allied.com

Allied Protection Plans

Article	Est value	Article	Est value	Article	Est value
LIVING ROOMS		BEDROOMS		ELECTRONICS	
Sofa/Loveseat/Chairs		Master		TVs	
Coffee/End Tables		#1		Stereos	
Other Furniture		— #2		Speakers	
Pictures		— #3		Clock Radios	
Knick-knacks		Pictures		Cameras	
Rugs/Carpets				Video Camera	
Lamps		_		Video Cassettes/DVDs	
Drapes		Tota	ıl	Tapes/CDs/Records	
		_		Computer Equipment	
		LINENS AND CLO	THING		
Total		Men's			
		Women's		Total	
DINING ROOM		Footwear		•	
Furniture		Coats		HIGH VALUE ITEMS	
Rugs/Carpets		Bedding			
Drapes		Towels			
Other		Other			
Other		Other			
			<u> </u>	Total	
Total		Tota		MISCELLANEOUS	
Totat				Clocks	
KITCHEN		REC ROOM/FAMI	LV DOOM/DEN	Knick-knacks	
			LI KUUM/DEN	_	
Furniture		Furniture		Figurines	
Small Appliances		Drapes		Books	
Major Appliances		Rugs/Carpet		Luggage	
Washer/Dryer		Other		Tools	
Dishes		_		Holiday Decor	
Pots & Pans		_		Sewing Supplies	
Utensils		Tota	<u> </u>	Golf Clubs	
Other		_		Bicycles	
other		BASEMENT / ATT	TIC	Garden Equipment	
-		DASLINLINI / ATT		Patio Furniture	
Tatal					
Total			_	Sporting Goods	
			. ———		
CHINA/SILVER/GLASSWAF	RE	Tota	ıl	Total	
		<u></u>		MOTORIZED ITEMS	
				Vehicle #1	
Total				Vehicle #2	
				Trailers	
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your home. Factor in high value iter	ns such as art,	represents a value of 50	% or more of the value	OKAND TOTAL	
antiques, crystal and collectibles.		of \$6-\$8 per pound.			
FOR EXAMPLE	*****	FOR EXAMI			
Home Value: Protection %:	\$150,000 x 50%	Shipment Weight: Value/Pound:	10,000 lbs. x \$8	To learn more, please con	tact your local
Protection %: Protection Level:	\$75,000	Protection Level:	х эо \$80,000	agent or visit allied.com	,
YOUR HOME Home Value:		YOUR HOME Shipment Weight:		©2019 Allied Van Lines, Inc. U.S	5. DOT No. 076235
Protection %:		Value/Pound:	<u> </u>	ALLIED and the ALLIED ROADW	
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Mission Possible: My Big Move

My name:
My new address and phone number:
Good things about my new neighborhood:
Good things about my new home:
Activities I would like to join:
My new school colors and mascot:
My best friends' addresses and phone numbers:

Moving Day Backpack Checklist:

- Scrapbook/photographs of my friends
- My favorite stuffed animal/toy
- My favorite books
- Letter writing pen and paper
- ☐ A disposable camera to take pictures of the big day
- Sidewalk chalk to decorate my new driveway
- My favorite snack
- ☐ Travel-size games





for families



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moving with children moving with children

Moving With Children

A Guide To Creating A Smooth Move For Families

Help your child beat the moving blues by following these simple suggestions and reminders from Allied Van Lines and Thomas Olkowski, Ph.D., top child psychologist and author of the book Moving with Children.

Communication Is Key

- Talk the Talk: Tell your child about the move as soon as possible – a child should never overhear the news by accident.
- Discuss the Possibilities: Talk to your children about the move, sharing the details, encouraging their questions and listening to their thoughts. Help your children talk about what is hard about the move, but also about what exciting things they might discover in their new neighborhood.
- A Family Affair: Schedule regular family meeting times to discuss any questions or concerns, and look for frequent opportunities to talk with your kids about the move, even if they aren't asking questions.
- Engage Your Child: For younger children, read children's books about moving. Talk about the pictures in the books and how they think the people in the pictures might feel.



Help Your Children Say Goodbye

- Party Time: Throw a moving party! This is a great opportunity for children to create scrapbooks and photo albums with their friends.
- Sharing Memories: Have your child make a list of pleasant memories he or she may want to retain about your neighborhood and community.

- Saying Goodbye: Supply children with autograph books to use when saying goodbye. The book can be used for personal messages from friends and loved ones.
- Lasting Impression: Leave a small memento at your old home that will symbolize your child's life there plant a flower in the yard, hide a tiny toy in a secret place, or have your kids write a letter of welcome to the new children who might be moving in.

Involve Your Children In The Moving Process

- Let Them Help: Involve your children in your relocation.
 For example, bring older children on house-hunting trips or photograph the house you've selected as well as the neighborhood and the school.
- Packing Together: Let your children pack a few boxes of their own belongings, as well as a special backpack to carry with them on moving day with a few prized possessions. Have youngsters decide on items to be discarded or donated to a local charity.
- Address the Issue: Help your children memorize their new address by having them address packing cartons with different colored markers.

Get Excited About The New Neighborhood

- Spend Some Quality Time: Once you've arrived at your new home, don't let unpacking, decorating and rearranging overwhelm you. Be sure to set aside blocks of time to explore your new neighborhood with your children, and plan enjoyable activities for the entire family.
- Meeting the Neighbors: Introduce yourself to new neighbors prior to moving day, and invite the neighborhood children over to get acquainted once you've settled in.
- Engaging Activities: Provide your kids with a sense of continuity by enrolling them in familiar activities they enjoy, such as dance classes or little league.
- Meet the Teacher: Contact teachers and principals at prospective schools to inquire about testing, attendance, special programs and extracurricular activities to ensure a smooth transition.

Stay In Touch

- Keep in Touch: Encourage your children to exchange addresses and telephone numbers with old friends.
- Pen Pals: Help your child write letters and call their old friends. Show them that whether your family is moving across town or across country, their connection with friends can still hold strong.
- Make New Friends: Your child may want to look at photos of people, places and things from your old neighborhood. Allow them to do so, but also encourage them to go outside and meet new friends.



The Perfect Room

Include your child in decorating decisions for their new bedroom. The more comfortable they are in their new room, the more comfortable they will be with your new home.

Lisa LaPorta, design expert and co-host of HGTV's Designed to Sell, offers the following tips to create the perfect bedroom for your child:

• Create a Concept: Resist the urge to design a room around the latest hit movie or cartoon character, as children will quickly outgrow their fascination. Instead, work with your child to create a broad concept for the room, such as a jungle safari or underwater adventure, to help inspire their imagination. Remember that the shell of a room should be generic enough to adapt to the growing interests of your child.



- Paint by Number: Don't be afraid of color! A child's room
 is the perfect place for bright, bold colors, and your child
 will love to help you paint the space. However, beware of
 paint that is too dark for a small space.
- Furnish in Style: Incorporate a room's concept into the furnishings – not just the accessories. Be creative! Use baseball bat-shaped pillows to complement a ball imprint on your child's comforter or create a unique curtain rod using a golf club mounted above the windows.
- Let There Be Light: You can never have enough lighting. Fun
 and imaginative light fixtures can complement the child's room
 scheme, and multiple lighting sources are critical for any
 well-designed room.
- The Perfect Bed: From a whimsical circus tent to a magical princess bed, get creative with the design for your child's bed.
 Create a tent or canopy above the bed using lightweight fabrics and curtain rods or cable attached to the ceiling for support.
 A creative bed is a wonderful parent-child project to bring the room to life.
- Self-Storage: Organize in style with colorful storage bins.
 Keep bins cohesive by using multiple variations of one style.
- Safety First: As you finalize your child's new room, be sure
 electrical cords are tucked away, curtain strings are kept
 short, rugs are protected with non-skid padding and shelving
 units are strong and sturdy.











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